



SUPPORT FOR YOUNG PEOPLE. ANYTIME. ANYWHERE.

To: Local Educational Agency Leads, Directors of Nonpublic Schools  
Route to: Principals, School Nurses, Staff Involved with Community Outreach, Students, Guardians and Parents  
From: Liz Graham, Chief Executive Officer  
180 Turning Lives Around/2NDFLOOR  
Date: December 1, 2024  
RE: Holiday Mental Health Support for Youth - 2NDFLOOR app

Dear colleague,

**Feelings don't take a holiday break**, and neither does 2NDFLOOR. 'Tis the season for 24/7 mental health support! During the holidays and every day, we are here to support New Jersey youth.

Please help spread the word that 'it only takes a second' to get professional support with the 2NDFLOOR app. The app is anonymous, confidential, free and available 24/7/365. Youth can access the app at [www.2NDFLOOR.org/download](http://www.2NDFLOOR.org/download).



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# 2ND FLOOR

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**2ND  
FLOOR**

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