

# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 1 of 8  
CONTROL OF COMMUNICABLE DISEASE

### R 8451 CONTROL OF COMMUNICABLE DISEASE

#### Detection of communicable diseases

1. Teachers will be trained to detect communicable diseases in pupils by recognizing the symptoms of disease.

2. In general, a pupil who shows one or more of the following symptoms should be sent to the school nurse for evaluation and/or treatment:

- a. Pain, generalized or specific;
- b. Chills;
- c. Fever;
- d. Earache;
- e. Vomiting;
- f. Sore throat;
- g. Enlarged glands;
- h. Skin eruption;
- i. Running nose: or
- j. Red and discharging eyes.
- k. Itching-head or skin
- l. extreme fatigue

3. A pupil who shows symptoms of any of the following communicable diseases should be sent promptly to the school nurse for evaluation.

a. Chicken Pox (Varicella): small, reddish, itchy eruptions usually on covered parts of the body resembling pimples or blisters - later fill with fluid and form crusts: slight fever  
Spread: direct contact, droplet, airborne.  
Spread: direct contact, droplet, airborne  
Period of Contagion: 1-2 days prior to rash until 5 days after onset of rash. Incubation Period: from 11-20 days Vaccine: available, but not required for school  
Exclusion from School: may not return until lesions are dry and crusted. Caution: no salicylates - risk of Reye's Syndrome.

b. Conjunctivitis (pink Eye): redness of eyes, itching, discharge and may be light sensitive



# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 2 of 8  
CONTROL OF COMMUNICABLE DISEASE

Spread: direct contact, contaminated articles, possibly airborne.  
Period of Contagion: until treated Incubation Period: 2-14 days  
Exclusion from School: may return after treatment and discharge  
has ceased

c. Fifth Disease (Erythema Infectiosum): fine rash, most  
apparent on cheeks (slapped cheek)  
which later spreads to body as a lace like rash; low-grade fever.  
Spread: unknown - possibly resp. secretions. Period of Contagion:  
usually for a few days after onset of rash. Incubation: from 4-20  
days Vaccine: not available Exclusion from School: may return  
when afebrile and treating physician allows.

d. German measles (Rubella): a common cold followed by a  
light, blotchy red rash on Face and body; swollen glands behind  
ears; slight fever Spread: direct contact or droplet infection  
Period of Contagion: from 7-10 days before rash until 5-7 days  
after onset of rash Incubation Period: 14-21 days  
Vaccine: available and required for school admittance Exclusion  
from School: 7 days after onset of rash.

e. Hepatitis A (Infectious Hepatitis): fatigue, low-grade  
fever, loss of appetite, nausea,  
abdominal pain, fecal t oral route, jaundice. Spread: person to  
person, food borne and water borne Period of Contagion: 1-3  
weeks Incubation Period: 15-50 days Vaccine: available, but not  
required for school  
Exclusion from School: one week after onset of illness and  
jaundice has disappeared

f. Hepatitis B (Serum Hepatitis): symptoms similar to  
Hepatitis A. but may be milder or much more severe  
Spread: contact with blood and sexual activity  
Period of Contagion: weeks prior to symptoms and through course  
of illness  
Incubation Period: 45-160 days  
Vaccine: available, not required for school attendance  
Exclusion from School: determined by severity of disease and  
treating physician



# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 3 of 8  
CONTROL OF COMMUNICABLE DISEASE

- g. Influenza: fever, chills, headache, fatigue  
Spread: direct contact droplet, contaminated articles  
Period of Contagion: 24 hours prior to symptoms and during peak of symptoms  
Incubation Period: 1 -3 days  
Vaccine: available, but not required for school  
Exclusion from School: during acute phase, usually 5-7 days after onset
- h. Impetigo: Skin eruption progress through vesicular, pustular and encrusted stages Spread: direct contact Period of Contagion: until treated  
Exclusion from School: may return 24 hours after treatment has begun Vaccine: not available
- i. Measles (Rubeola): cold symptoms, runny nose, watery and light sensitive eyes, fever followed by bluish white spots (Koplik) on inside of mouth, red blotchy rash and dry cough.  
Spread: direct contact and airborne by droplet spread.  
Period of Contagion: 1-2 days before symptoms (3-5 days before rash) to 4 days after rash appears.  
Incubation Period: 7-18 days from exposure to symptoms Exclusion from School: at least 7 days after onset of rash Vaccine: available and required for school admittance.
- j. Meningitis - Bacterial (Meningococcal): sudden fever, intense headache, nausea, vomiting, stiff neck and frequently a rash with pink macules or vesicles.  
Spread: direct contact, airborne by droplet infection  
Period of Contagion: until a negative culture from nasal discharge (usually 24 hours after treatment with correct medication). Incubation Period: varies from 2-10 days  
Protection of Contacts: prophylactic administration of rifampin twice daily for 2 days for intimate contacts (family, close friends, not the whole class) Exclusion from School: determined by severity of disease and treating physician Vaccine: available,



# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 4 of 8  
CONTROL OF COMMUNICABLE DISEASE

but not recommended for young children and not required for school

k. Meningitis-Bacterial (Haemophilus): usually sudden fever, vomiting, lethargy, stiff neck and back, bulging fontanelles in infants.  
Spread: droplet infection  
Period of Contagion: usually non-communicable 24-48 hours after antibiotic treatment  
Incubation Period: 2-4 days  
Exclusion from School: determined by severity of disease and treating physician  
Vaccine: available and required for daycare centers and preschool; not given after five years of age

l. Mononucleosis. Infectious: fever, sore throat, enlarged lymph nodes  
Spread: direct contact, saliva  
Period of Contagion: prolonged; maybe a year/or a long term carrier  
Incubation Period: 4-6 weeks  
Exclusion from School: determined by severity of disease and treating physician  
Vaccine: non available

m. Mumps (Infectious Parotitis): fever, swelling and tenderness of the salivary glands and parotid glands  
Spread: direct contact, droplet spread and airborne by droplet spread  
Period of Contagion: from 6 days before symptoms until 9 days after  
Incubation Period: 15-18 days  
Exclusion from School: 9 days after onset of parotid swelling  
Vaccine: available and required for school admittance

n. Pediculosis (Head Lice): itching  
Spread: direct contact and contact with combs, brushes, hats  
Period Contagion: as long as lice or eggs remain alive  
Incubation Period: eggs hatch within a week  
Exclusion from School: head must be free of eggs  
Vaccine: not available

o. Pin Worms (Enterobiasis): intense rectal itching, disturbed sleep, irritability.



---

# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 5 of 8  
CONTROL OF COMMUNICABLE DISEASE

Spread: direct transfer of infective eggs by hand from anus to mouth or indirectly by clothing, bedding and food  
Period of Contagion: as long as eggs are being discharged - can be two (2) weeks  
Incubation Period: 4-6 weeks  
Exclusion from School: determined by response to treatment and treating physician  
Vaccine: not available

p. Rhinovirus (Common Cold): sneezing and watery discharge from nose and eyes. Throat irritated and temperature elevated. Coughing & chills may be present. Spread: direct contact, airborne droplets and soiled articles  
Period of Contagion: variable - may be as long as 3 weeks  
Incubation Period: 2-5 days  
Exclusion from School: during acute phase  
Vaccine: not available

q. Ring Worm - of the Body (Tinea Corporis): itchy, red, scaly patches with a clear and non-hairy skin center  
Spread: direct contact, animals, and contaminated articles  
Period of Contagion: as long as fungii can be cultured from lesions  
Incubation Period: 4-10 days  
Exclusion from School: may return 24 hours after treatment begins  
Vaccine: not available

r. Ring Worm - of the Scalp (Tinea Capitus): scaling of scalp with hair loss  
Spread: direct contact, also contaminated combs, brushes, animals and clothing  
Period of Contagion: as long as fungii can be cultured from lesions  
Incubation Period: 10-14 days  
Exclusion from School: may return 24 hours after treatment begins  
Vaccine: not available

s. Scabies: severe itching, skin has raised lines, bumps, blisters  
Spread: close personal contact  
Period of Contagion: 2-6 weeks



# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 6 of 8  
CONTROL OF COMMUNICABLE DISEASE

Exclusion from School: may return 24 hours after treatment begins  
Vaccine: not available; caused by a mite

t. Streptococcal infections (Group A): sudden onset of fever, sore throat, bright red rash may appear on inner aspects of arms and thighs  
Spread: close contact  
Incubation Period: 2-5 days  
Exclusion from School: may return 24 hours after treatment begins and is afebrile  
Vaccine: not available

### B. Exclusion from school

1. A pupil who exhibits any of the symptoms described in f\A2 or whose condition suggests the presence of a communicable disease as described in ^A3 WM be sent to the school nurse's office. The teacher will insure that the pupil is accompanied by an adult or a responsible pupil.

2. The teacher will communicate to the school nurse, directly or by written note, the reason for which the pupil is sent for medical assessment.

3. The school nurse will examine the pupil and, if the pupil's condition so indicates, recommend to the principal the pupil's exclusion from school for medical reasons.

4. In the event the school nurse is not available to be consulted about the pupil's condition, the principal may determine to exclude the pupil from school.

5. The parent, adult family member, or other responsible adult designated by the parent will be promptly notified by telephone of the pupils' exclusion and requested to come to school to take the pupil home. Until the adult arrives to remove the pupil, the pupil will be kept in an isolated location in the school and will be made as comfortable as possible. The pupil will be supervised at all times by a school staff member.



---

# REGULATION

## BAYONNE SCHOOL DISTRICT

R 8451 R ####/Page 7 of 8  
CONTROL OF COMMUNICABLE DISEASE

### C. Readmission to school

1 . A pupil who has been excluded from school or retained at home by reason of having or being suspected of having a communicable disease shall not be readmitted to school until the pupil presents written evidence that he or she is free of communicable disease.

2. Evidence that a pupil is free of communicable disease will consist of the certification by a qualified physician who has personally examined the pupil.

3. In general, no pupil who has had a communicable disease will be readmitted to school until the number of calendar days indicated under each disease has elapsed from the time the pupil first showed symptoms of having the disease.

4. In general, pupils with other communicable diseases may be readmitted, with a physician's certification, when the symptoms of the disease have ceased.

### D. Reports

1 . The school nurse will file such reports as may be required by the New Jersey State Department of Health in the reporting of communicable diseases in schools.

2. The principal may, with the advice and consent of the Chief Medical Inspector and the Director of Nurses may inform the parents of pupils in his or her building that a pupil has contracted a communicable disease. The information given to parents will be provided by the Chief Medical Inspector.

Adopted: 28 July 1997  
Revised: 31 July 2000



# REGULATION

**BAYONNE  
SCHOOL DISTRICT**

R 8451 R ####/Page 8 of 8  
CONTROL OF COMMUNICABLE DISEASE

